

# Inter Disciplinary International Conference

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&  
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**Scope Of Home Economics Various Branches****Dr. Sunita S. Balapure**Associate Professor of Home Economics  
Late Dattatray Pusadkar Arts College, Nandgaon Peth, Dist. Amravati.**Introduction**

Home economics teachers at the secondary school level are concerned with the everyday living of people – the food they eat, the clothes they wear and the homes in which they live. They are concerned with personal development, family relationships, family health, and the rearing of children. They are concerned with the values people cherish and with how they use their resources to achieve these values. The way these concerns have influenced the program has been effectively illustrated in the preceding chapter. Home economics developed out of an interest in family well being. This interest in family well being is still the core of the home economics program. An ever increasing number of women are working outside the home. Many homemakers no longer have the necessary time to teach their daughters the techniques and skills of homemaking.

Most people today recognize the need of the school to share in educating for home and family living. This is especially important at the secondary school level. This is partly because it is the last period of formal schooling for many young people. It is more important, however, because of the special needs and interest of adolescents. Both boys and girls of this age are beginning to think seriously about a home and family of their own. At the time, they are seeking independence from their present families. Many problems arise with which they want and need help that their families cannot give.

**Objective Of The Study**

- 1) To select the important values in personal and family living more surely.
- 2) To live and play and work more happily, especially in the home.
- 3) To rear and care for their children more successfully.

The success of home economics teaching is measured by the use students make of their learning in their daily living. Home Economics professions in Higher Education seek to help in learning.

**Home economics, Domestic Science or Home Science** is a field of study that deals with the relationship between individuals, families, communities, and the environment in which they live. Home economics courses are internationally and across multiple educational levels. Home economics courses have been important throughout history because it gave women the opportunity to pursue higher education and vocational training in a world where only men were able to learn in such environments. In modern times, home economics teaches people of all genders important life skills, such as cooking, sewing, and finances. With the stigma the term "home economics" has earned over the years, the course is now often referred to by different terms, such as "family and consumer science."

**Service industry** is always in need of workers, and home economics prepares people that are just right for it. They know how to cook and clean and also how to work with all kinds of customers.

People who studied home economics have plenty of other career options. However, the ones we mentioned above are the most appropriate and popular.

Now you can define home economics on your own and decide whether you need it or not. If you ask us, we think home economics are important for everyone, as they teach us practical skills we can use in life. However, the choice is yours, and we hope that our information helps you figure things out.

**The Scope Of Home Economics Covers Seven Main Branches**

1. **Cooking.** Home economics lessons teach children and young women what to do in the kitchen: from setting the table to baking cookies and cakes. In home economics, kids can learn about the food's nutrition value, the proper rules of etiquette and ways of handling kitchen equipment.
2. **Child rearing.** Back in the day, young girls were taught how to raise children from birth to early adolescence. Today, child development has developed into a separate field, but the basics are still taught in home economics.
3. **Community awareness and education.** This branch of home economics provides the basic knowledge on how to live in a community. Additionally, students can learn about morality and ethics in these lessons.

4. **Design management.** In these lessons, young people receive lessons on interior and exterior design, as well as learn how to take care of their homes (i.e. how the and organise).
5. **Textiles and Sewing.** Home economics teaches kids how to embroider, sew, crochet, and do all kinds of things with different kinds of threads and fabrics. Young people can how to make their own clothes, elements of or accessories.
6. **Economics and Budgeting.** As one of the most essential elements of home economics, these lessons are meant to teach children how to spend money wisely and how to get the best out of their financial situation. It is one of the most important things that can be later in life.
7. **Hygiene and Health.** These lessons are supposed to teach young kids how to take care of their own hygiene and health, as well as how to care for their sick relatives. This branch is rarely in use, but you can still find the remnants of it in some home economics programmes,

#### Importance of home economics

**Home economics** is not only a school or college lesson you like to skip. It is also a viable career opportunity. People who choose to study home economics can find a job virtually in any field. Below, you can find some ideas on who you can work as after studying home economics.

Home economics graduates are always wet-come in education. They can choose to work in schools or even in universities (if they

Have the required qualifications). However, teaching is not limited to schools or colleges. Non-profit organizations and community programs can also be great work places for home economists.

The fashion industry is full of people who excelled at home economics. The skills learned in those lessons can be applied to designing and sewing fashionable outfits. The interior and exterior design scene is also an appropriate career opportunity.

#### Conclusion

Home economics, also known as family and consumer sciences, is a field of education, which concerns itself with management and economics of the community and home. Although it was mostly meant for girls and young women, these days, all genders are involved in home economics classes.

Other names that are used for this subject are domestic economy, human sciences and home science. The subject went from being compulsory to being an elective; some countries got rid of it altogether.

Even though many countries still use the term 'home economics', other states decided to change the name of the subject to family and consumer sciences. This way, the name reflects the whole scope of what this subject covers. And that is exactly what we are going to talk about in the next section.

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